

# 1 READ ABOUT IT!

"But emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross." — **Philippians 2:7-8**

# 3 PRAY ABOUT IT!

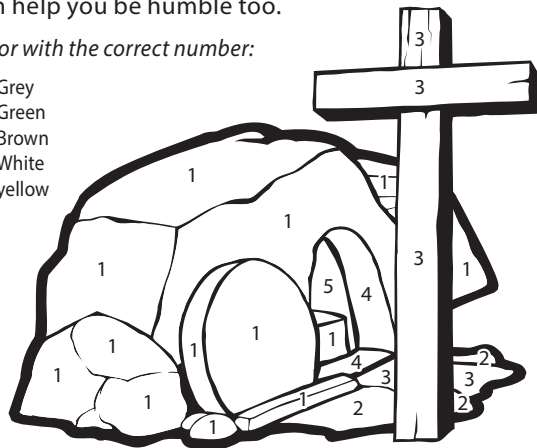
Thank Jesus for being humble and dying on the cross for your sins! If you haven't believed on Him as your Savior, why not believe today?

# 2 THINK ABOUT IT!

These verses are talking about Jesus! Jesus showed what it means to be humble. He lived in Heaven but came to Earth as a baby. God the Son became a human baby! He continued to humble Himself as He served others and then died on the cross for our sins. Because Jesus was humble, He can help you be humble too.

Color with the correct number:

- 1 = Grey
- 2 = Green
- 3 = Brown
- 4 = White
- 5 = yellow



# Quiet Time

**WORD UP!** God gives grace!

You have a new memory verse! Try saying it to a fun rhythm to help you learn it.

"And we know that for those who love God all things work together for good, for those who are called according to his purpose."

## Romans 8:28

Which is easier, to think you're important and right all the time or to admit others are right or smarter than you? It's easier for all of us to think we are most important and to put ourselves first. It is God's grace in your life that can help you *not* to do that. He will help you value others and put them first. This week's Quiet Time will help you see why pride is dangerous.

*When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!*

*When you finish your Quiet Time each day, draw a star in the sky.*



*You've learned a lot this week about being humble. Maybe God has helped you think of ways to be more humble. Are you more helpful, generous, and kind? Do you consider how you can serve others? Write your thoughts and ask God to help you be humble like Jesus.*

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**1 READ ABOUT IT!**  
Day 1

“But he [God] gives more grace. Therefore it says, ‘God opposes [is against] the proud but gives grace to the humble.’”  
—James 4:6

**3 PRAY ABOUT IT!**

Ask God to give you the grace to be humble. Can you think of someone you need to put before yourself? Ask God to help you do that.

**2 THINK ABOUT IT!**

Grace is undeserved love and kindness. By God’s grace He loves you and helps you every day. He wants to give you His grace to love and help others. The proud only think of themselves but those who are humble think of others. They think about other people’s thoughts, feelings, and needs. Do you think of yourself first or others first?

OR Take time to listen to someone who is sad.

OR Offer the last cookie for yourself.

OR Race to be first in line.

OR Give some of your money to help others.

OR Save all your money to buy what you want.

**1 READ ABOUT IT!**  
Day 2

“Humble yourselves before the Lord, and he will exalt you.”  
—James 4:10

**3 PRAY ABOUT IT!**

Ask God to help you be humble and trust His plan to make a difference through you.

**2 THINK ABOUT IT!**

God says that those who are humble (value others and put them first) will be lifted up, or honored. That doesn’t mean you will be a movie star or sports hero, but that God will help you make a difference around you. Others will see the difference Jesus makes in your life.

*What are some ways Jesus has made a difference in your life? Write them here!*

**1 READ ABOUT IT!**  
Day 3

“Pride goes before destruction, and a haughty spirit [proudful attitude] before a fall.”  
—Proverbs 16:18

**3 PRAY ABOUT IT!**

Ask God to keep you from pride and help you trust Him and love others.

**2 THINK ABOUT IT!**

The Bible says that God hates sin. Pride (thinking too much of yourself) is a sin and will get you in big trouble! When you think you can do something on your own because you know better than others or God, you will fail. Pride is dangerous because it keeps you from trusting God and loving others.  
*Pride is the opposite of humility. Can you match each word to its opposite?*

COMPLAINING      HATE  
SELFISH            PROUD  
LOVE                SHARING  
HUMBLE            THANKFUL

**1 READ ABOUT IT!**  
Day 4

“Do nothing from selfish ambition or conceit [pride], but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.”  
—Philippians 2:3-4

**3 PRAY ABOUT IT!**

Ask God to help you be helpful, generous, and kind to others.

**2 THINK ABOUT IT!**  
These verses explain how God wants you to live like Jesus did. Jesus thought of others first and put their needs ahead of His own. You live like Jesus when you choose to be helpful, generous, and kind. God gives you grace to help you think of what other people need.  
*Solve the code to see what God can help you do.*

