

1 READ ABOUT IT!

"It is better to take refuge in the Lord than to trust in man."

—Psalm 118:8

3 PRAY ABOUT IT!

Praise God because He will never let you down or break His promises. If you have a hard time trusting God, tell Him about it! He won't love you any less. He already knows how you feel. He can help you trust Him more.

2 THINK ABOUT IT!

Do people ever break their promises? Yes. All people make mistakes because people aren't perfect. But God is perfect. Even when the people around you let you down, you can trust God. If you know Jesus as your Savior, He will never leave you or let you down.

Put your name in the blanks then read it the sentence out loud.

When _____
believes in Jesus,
God will never let
_____ down!

Quiet Time

WORD UP! I can trust God!

Practice the memory verse every day. The more you practice, the easier it will be for you to remember when you need it.

"God is our refuge and strength,
a very present help in trouble."
Psalm 46:1

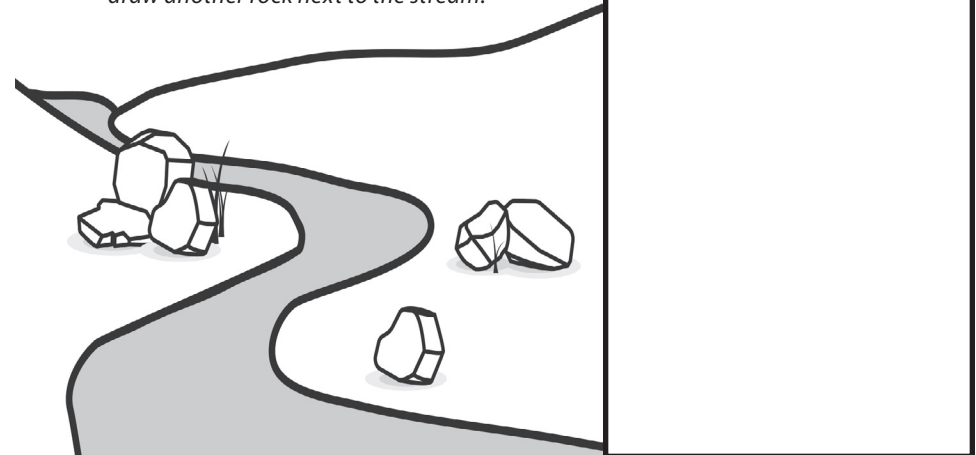
Can you remember the correct words that finish the memory verse?

" _____ is our _____
and _____,
a very _____
_____ in _____."
Psalm _____:

In Good News Club® you learn that you can trust God. This week in your Quiet Time you will read verses about trusting God. Why can you trust God? What does it mean to trust God? How can you trust God? Have your Quiet Time each day and you'll find out!

Each day after you have your Quiet Time, draw another rock next to the stream.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!



Day 1
1 READ ABOUT IT!

"Trust in the Lord [God] with all your heart..."

—Proverbs 3:5

3 PRAY ABOUT IT!

Tell God what you wrote or drew. Ask Him to help you trust Him with all your heart.

2 THINK ABOUT IT!

Your heart is the part of you that thinks and feels and makes decisions. When you trust God with all your heart, you don't worry about things that are happening around you. Instead, you believe that God is in control and is working out what is best for you.

Is there something in your life that makes you worried or afraid? Write about it or draw a picture of it below.

Day 3
1 READ ABOUT IT!

"The Lord is on my side; I will not fear. What can man do to me?"

—Psalm 118:6

3 PRAY ABOUT IT!

Is there something in your life you're afraid of? Tell God about it! If you have Jesus as your Savior, ask Him to help you remember that God is on your side.

2 THINK ABOUT IT!

If you have Jesus as your Savior, God is on your side! You don't have to be afraid because God is with you. Nothing and no one can stop His plan for your life. God's plan won't always be easy. But you can know that no matter what happens God is on your side. You don't have to be afraid!

According to the verse, why don't you have to be afraid? Unscramble the words for the correct answer.

Ldro edis
The _____ is
on my _____.

Day 2
1 READ ABOUT IT!

"Ah, Lord God! It is you who have made the heavens and the earth by your great power and by your outstretched arm! Nothing is too hard for you." —Jeremiah 32:17

3 PRAY ABOUT IT!

Is there something in your life that seems impossible? If you know Jesus as your Savior, tell Him about it! God doesn't always say "yes" to what we ask, but He always hears us. Remember that God is on your side. He might say "no" or "wait." But He does it because He loves you.

2 THINK ABOUT IT!

God is the one who created the universe. He made the stars, the moon, the sun, and the planets. God made everything and He is powerful. He has the power to do anything! You can trust Him to always do what He knows is best for you because He has all power.

Circle the things God has power to do.

Make sick people better.

Help you say no to sin.

Make it stop raining.

Day 4

1 READ ABOUT IT!

"Trust in the Lord forever, for the Lord God is an everlasting rock." —Isaiah 26:4

3 PRAY ABOUT IT!

Praise God because He never changes. Ask Him to help you trust Him more.



Use the code to figure out the secret message!

God is not an actual rock, but like a rock, He is strong. He is always the same. Nothing can change God or make Him stop loving you. That's why you can trust Him! God is good and He will always be good. God loves you and He will always love you. God is holy and He will always be holy. You can always trust Him!

2 THINK ABOUT IT!

God will

